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SPECIFICS.

Sold by Druggists, or sent postpaid on receipt of \$1.00—WHOLESALE DRUGGISTS, 109 EIGHTH ST., ST. LOUIS, MO.

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FOR THE WEAK, THE
HEALTHY AND THE
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Wheat, Meteus Tablets, for the Weak, the Healthy and the Sick, secures Health, Strength and Energy are advised to send for "The Electric Review," a thoroughly illustrated journal published for free distribution. It treats on health, hygiene, and the complete medical and hygienic subjects, and contains a great mass of information on the most modern and most successful means of restoring health to those who are weak, nervous, and afflicted with Young's disease, and all nervous, exhausting, and painful diseases.

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FRUIT CULTURE.

ITS RISE AND GROWTH IN CALIFORNIA.

Valuable Hints to Fruit-Growers—Varieties to Select for Shipping—Future Prospects.

[Written for the New Year's Record-Union, by W. W. Kinsip.]

Fruit culture in California has become of so much importance to the prosperity of the State that the consideration of its future possibilities, and the dissemination of correct knowledge is essential in order that the inexperienced may engage in this great industry and avoid the mistakes that often attend the want of a thorough knowledge of the business.

It is a common knowledge of those who have had the best opportunities for obtaining information upon this important subject. The increase of the fruit industry in the past few years in California is something almost marvelous. The possibilities of its future are not realized by the most sanguine.

I can remember to have offered one dollar each for peaches growing upon the trees, which were sold at twenty-five cents each, and when peaches were quite abundant, they were sold at ten cents a bushel.

Still later, the completion of the overland railroad has opened up a new market for the fruit products of California.

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FREE PLANTING.

FUTURE OF FORESTRY CULTURE ON THE PACIFIC COAST.

The Kinds of Trees Best Adapted to Our Climate, and Their Prospective Value.

[Written for the New Year's Record-Union, by W. W. Kinsip.]

It is not a new thing, but a new one, that the American people have considered the planting of trees as a means of improving the landscape.

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ORANGE GROWING.

The Footfalls of the Citrus Culture—Orange Culture in the Pacific Coast.

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FOR SALE—TO LET.

TO LET—A SUITE OF NICELY-FURNISHED ROOMS.

FOR SALE—A STOCK OF FURNITURE.

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ECONOMY OF CLIMATE.

ITS IMPORTANCE TO INTERESTED HOME-SEEKERS.

Some Facts for Eastern People to Consider—The Advantage of Winterless Countries.

[Written for the New Year's Edition of the Record-Union by Dr. H. Latham, of the Northern California Immigration Association.] To a Home-Seeker: You are only one of hundreds of thousands who are anxious to seek homes in newer countries. You are tired of the worn-out soil of the Atlantic slope, the oft-divided homesteads of the prairies, or of the crowded cities, where there is a superabundance of labor. You are seeking to locate where moderate means, with industry and energy, will give you the comforts and luxuries of a home, and provide you with the means of support in the evening of life. You will want information as to the soil, timber, and climate, so far as it relates to production. You will want to know all about the means of transportation for your products, and all about the mail facilities, schools and churches. These are important subjects of inquiry; and unless the replies from any country are satisfactory you will be justified in not making a location. There is another subject of inquiry which may not have suggested itself to your mind, which is perhaps more important to your welfare than all the foregoing.

ECONOMY OF CLIMATE. This is the subject of climate and its relation to the net annual products of farm labor, and the accumulation of sufficient means during a working life to make you independent of labor in your declining years, and as it relates to your health, comfort and long life. To the old-worlder, climate is a two-edged sword, cutting both ways. If the winters are long and rigorous you cannot labor more than one-half of the year in the field. In other words, you lose one-half of your life, so far as producing the means for the support of your family, so far as the accumulation of old age is concerned. On the other side of this sword long winters cut down summer earnings, and reduce the wages of the people of the East have been settling the lake basins and the upper Mississippi and Missouri valleys, the climates of which give less than twenty-six weeks for field work, and which make imperative demands upon the purses and storehouses of the settlers. This climatic condition affects your stock, your sheep, your cattle, and all your domestic animals on the farm. The cost of rearing such animals is much more expensive than in milder climates. In all the country of the United States, north of the fortieth parallel, and as far west as the eastern base of the Sierra Nevada, winter reigns supreme for six months in the year. In that time no field work can be done. It is impossible to figure, in dollars and cents, just how much these rigorous winters

AFFECT THE FARMER'S PURSE. We can arrive at it approximately, however. Twenty-six weeks have 156 working days. If your individual labor is worth \$1 net each day (and that is about the average price of farm labor in this country), you will be \$156 poorer on your personal labor alone by each winter. Your teams are idle also. The labor of each pair of horses, working in the field, should be worth 75 cents net per day. If you have one pair of horses you will lose \$180, and if you have two pairs, \$360, and if four pairs, \$720, each year. There are many farmers in winter countries who have more horses than this, and their losses are proportionately large. The loss on the labor of one man and one pair of horses for one year is therefore \$273; the loss for ten years is \$2,730, and if simple interest at 8 per cent. on each year's loss be added, the total loss for ten years would be \$3,417.70—a sum sufficient to buy quite a nice farm.

There are other items which you will have to charge up to winter. If you live in his domain, every head of stock will require shelter and feed during long months. You will be lucky if you do not have to feed each one of your cows and young horses upon the stubble of more than two tons of hay each winter. That is worth, one winter with another, say \$16. If you have ten head of such stock, one winter's hay will cost you \$160, and ten winters \$1,600. This sum, with simple interest at 8 per cent. for ten years, will amount to \$2,000. If you have more than that amount of stock, the cost will be in proportion.

You will find that the same is true on all the stock you have. It is not alone in the loss of labor of yourself and teams, and in the expense of keeping your stock that extreme cold affects your purse unfavorably. The shelter for man and beast must be much warmer, and therefore more expensive than in mild climates. The difference of cost of structures to resist the winter blasts of Minnesota or Dakota and those structures required in a winterless country will represent a considerable sum. In countries where the mercury marks 20° below zero, the houses, cellars, barns and other shelters of a good farm will cost \$2,500. In a winterless country two-thirds of that sum will furnish the required buildings. The difference in the building investment will, therefore, be \$832 upon which you lose the interest (and principal, too), when the buildings are destroyed by fire and have to be replaced. This interest in ten years amounts to \$998.40. There are other expenses which winter demands. You must have blazing fires for long months in every inhabited room in your houses. It will be believed by those residing in cold countries that the excess of fuel costs \$50 per year more there than it would where flowers bloom at the door-step through the winter months. In ten years, with simple interest, this will amount to \$504, which you must charge up on your ledger against winter.

THE INCREASED COST. Of a family's clothing will average \$50 more each year, and for ten years it will amount to \$500. Then there is the question of clothing to enter into your account. To protect a family from the temperatures that mark from zero to 40° below that point for months, will require the warmest clothing. This will cost a family \$50 a year more than would be required where there is no ice or snow, and cold winds. This at the end of ten years will add \$504 to the amount already on your ledger.

This is not all that winter demands of you. It demands costly heat-making food to resist the intense cold that is chilling your life's blood. It must have animal fats that contain high percentages of carbon, from which animal heat is evolved. It demands them three times a day, too, and they are costly. You will find, if you should keep an account that this food, through six months of winter, will cost you to feed a family in a winterless country, where fruits and vegetables make the principal part of the diet. All animal foods are high-priced, and nearly all vegetable foods are low-priced. For ten years this food item alone will amount to \$260.

In this matter of climate and dollars and cents, I will say to you that in countries without winter the greater number of days for field work will enable one man to till fully twice the number of acres that he can in a cold country, and his production, will, therefore, be double what it is in a cold country. There are other facts that may be well for you to take into account. In cold countries, with long winters, you have only half a year for stock to grow in. It is susceptible of demonstration that the majority of growing stock in Northern States does not increase in weight or size during the winter, although they are housed and fed at great expense. It requires all the feed given them to keep up the animal heat. In fact, it does not even do that, and the animal, in addition to its winter food, has to draw on the stores of fat laid up during the summer. In warm countries, stock will grow through the whole twelve months, and will make as much growth in two years, at less expense, as they make in cold countries in four years. This applies to your horses, cattle, sheep and hogs. I have said this much upon

THE ECONOMY OF CLIMATE. As it relates to your pocket. The items on your ledger charged up to winter during ten years amount to \$3,300. I may presume that you have never looked at this question of climate in this light before, and that so long as you have lived in the cold

country you have never fully realized that all tax-payers who live in a winterless country, and who pay on their property, which you pay on his account every ten years would buy you a good farm in a warm country, and stock it in addition. There are other considerations in this question of climate which are worthy of your attention before you decide upon a location for a home. One of these is the comfort of yourself and family. All toil is for the means with which to buy the comforts of life. That is the prime object and end of life. You labor for years that you may enjoy yourself thereafter. In a winterless country, where there are no extremes of heat and cold, and where there is no inexcusable winter pressing upon you and con-soling the major part of your earnings, you can certainly have more enjoyment and luxury than you can when production is confined to six months in the year, and where ice, snow and blizzards prevail the other six months. In cold countries the range of production is limited, and the semi-tropical productions are luxuries to be indulged in only at long intervals. This is especially true of those who labor for a living. If you come to make your home in a winterless country, the semi-tropical fruits—lemons, limes, figs, dates, pomegranates, the luscious grapes of the Mediterranean, and a long list of other fruits—would be every-day food. We are all created with a

LOVE FOR FLORAL BEAUTY, And we delight in all the thousands of varied forms of vegetable life. The greater the variety the greater the delight they afford us. We are sad when winter comes and robs the earth of its green carpet, and chills the tender down and sets the seal of death upon every green thing; and we rejoice when spring returns and the first flowers come forth, and Mother Earth revives from winter death. This is true of all cold countries. In a winterless climate you will find an infinite variety of vegetable forms, and there is no death nor destruction at the approach of winter. The earth wears her mantle of beauty through the whole year. So far as the beauties and luxuries of life are concerned, there is the widest contrast between cold and warm countries, and all in favor of the latter.

It is not alone in the matter of the pleasure of living that makes climate an important subject of consideration in selecting homes. It is a question of health and long life for yourselves and those who are to come after you. It is a certainty that great extremes of temperature are detrimental to human organization. The great heat of summers and the intense cold of winters are therefore not conducive to vigorous health and long life. All animals, and all races of men, in very cold climates are smaller and less hardy and vigorous than those of milder climates. The pages of history confirm this. The races that have dominated the world and built the most lasting empires have lived in climates noted for the absence of violent extremes. The Egyptians, the Assyrians, the Babylonians, the Greeks, the Carthaginians, the Romans, the Gauls and Britons—ancient and modern—prove that. It is probable that, but for the moderating influences of the Gulf Stream, Great Britain would be a fifth-class power to-day, instead of being the mistress of the seas and the controller of the widest-spread commerce on earth. Without this historic proof, physiology teaches that conversion of food into heat, to maintain the proper temperature of the body in a long-continued low temperature, is a work that taxes the strength of the constitution to the utmost. That a climate that taxes the human body imposes a less tax upon the human body is also true. That a race with the same civilization, the same excellence in the arts and sciences, in a country without extremes, will have a longer life than the same race with a better civilization in a rigorous climate, is certain. This is important for you to consider.

HERE IT IS. You will naturally ask, where you are to find such a climate with opportunities to obtain homes at reasonable prices. I answer you, unhesitatingly, in Northern California. In that region there are 100,000 square miles (or 84,000,000 acres) of land. That region has only five and one-half people the square mile. There is room, then, for millions of happy people, and there is less thickly-settled than Eastern States. Here there is no winter to cover your crops, and no need of protection of your summer earnings, here all devoted to production. Your animals, instead of being housed and consuming forage to sustain life, are grazing out of doors on green herbage. The earth is clothed in her greenest robes and decked with her fiercest flowers. Land is comparatively cheap, water is abundant, the soil rich and productive, and timber easily accessible. Since the American occupation—thirty-six years ago—the valleys have seen no winter. There is no ice, nor snow, nor blizzards. There are no summer tornadoes, and there is no reliable record of sunstroke. You can have all the semi-tropical productions—lemons, limes, figs, olives, pomegranates, and all the delicious grapes of Southern Europe. The health statistics show a remarkably low percentage of sickness and death. The markets are good, and transportation facilities rapid and cheap. You will find all the comforts and luxuries of life here—schools, churches and printing presses. There is no locality without its district school, and all parts of the country are within easy reach of the higher institutions of education. The difference of \$1,000 and upward, with industry and economy, will lay the foundation of a home that will be an Eden on earth, and you will escape the burdensome taxation of winter; and that alone—as you have seen in the above—will be enough to buy and stock a farm. You will, in addition, enjoy a climate that will be a revelation to you. Come and try it.

Another year has passed away: A New Year's morn has now begun: To meet it with joy and gladness: To me, with none.

It comes with solemn face and grave, And whispers of the buried past: And bending low, it asks of me: "How spent the last?"

"Where is the record of the work? Where is the ledger, kept for heaven? How has the book been posted up? What statement given?"

I open it, and turn the leaves, And pondering, page by page explore: Here, on the first, its title-clear, It reads to me:

The next is fairly ruled and lined, And even a wish for good is penned: How, without prayer for help, Will such wish end?

Here is a page bears carmine trace, Written with firmest truth and true: No surface-reading critic, sure, Finds fault with this or that.

What stands upon this blotted page? Scans the calligrapher I know: Ah! I remember! Late I wrote—The light burned low.

But what now follows? Startling fact! I turn the pages o'er and o'er: Each leaf contains a blank, And nothing more!

Ah! here at last, a well-filled page: Its lines in full, true thought and through: You must contain some treasure-trove—Some good in you.

And is it so? Ah no! Ah no! I find of earth, what's earthly here: Earth's joys, earth's pleasure, earth's renown, On you appear.

I read its lengthily worded tones, Its boast—"that I" have done and do; How shall I on its pages page Strike balance true?

No! Close the book and seal it up: Answer I dare not through it go: The lesson which I was taught, By heart I know!

LESSONS IN LIFE!

The Man or Woman who will strictly follow these Precepts will live to a good old age.

Young man, the whole world is before you, and a host will follow you. It is a sage, where every man plays his part. Your part, if a single man, is to hunt around and find a companion for life. This is one of the most important parts of the play—for on this act alone depends your success or failure in the drama of life. Then, as an old actor, heed well this advice: It matters not whether the girl you are after is high or low born, rich or poor, if you find, after a courtship of at least one year, that she has these qualifications: First—That she is kind and loving to her father and mother. Second—That she has a sweet and loving disposition. Third—That she is a GOOD COOK, and thoroughly understands housekeeping, and knows the meaning of the word "FRIENDLY." Fourth—That she has a good strong constitution. Fifth—That she does not worship dress, still always is tidy; neither is the ballroom and over her only place of amusement. Sixth—That virtue and woman's modesty is one of her highest aims. Young man, find such a woman, and cling to her with all your heart and soul—for she is one of God's own Master Pieces, and with such a companion and a "GARLAND" RANGEE at \$28, prosperity is bound to attend you.

That man lives longest who wisely divides the occupation of life between brain and muscle, and who is not a "GARLAND" RANGEE. The almost universal cause of dyspepsia is eating too fast, too often, and too much.

When you are well, let yourself alone; you can never be better than that. Still, you might improve a little by using a "GARLAND" RANGEE.

Either cold feet or constipated bowels attend a large majority of human ailments, the cure of which would be effected by the removal of the causes. This can only be done by using one of our world-famous "GARLAND" RANGES.

Marriage is the natural condition of man, and without it no man or woman ever feels settled in life.

"Early to bed and early to rise, makes a man healthy, wealthy and wise." This is the old adage; but it is the gentleman in Sacramento who will venture to get up more morning (we mean, of course, after his wife has built the fire, and is about ready to broil a nice steak), that he will confess that the "GARLAND" RANGEE beats them all.

The three great elementary principles of every healthy community, as well as individuals, are Pure Air and plenty of it, Perfect Cleanliness, and Well Cooked Food.

Never eat when you are not hungry, nor drink when you are not thirsty; it impresses on Nature. But food cooked on a "GARLAND" RANGEE can be eaten at any time, not a substituting the above injunction.

"Drop by drop in time will make a river"; but the drop we are talking of is not water, but the drop of time, who had been liberally supplied with whisky, was asked by the Sheriff if he would have anything. "Just drop," he said, "he has six feet, and he has a nice neck. You see he took a drop too much. We venture to say, in this case, if that man had had a 'GARLAND' RANGEE, his house he would be well to-day."

It would be an utter impossibility for us to enumerate the many advantages of a "GARLAND" RANGEE has over all others. Suffice it to say that no house should be without one. It costs less than any of the ordinary ranges sold throughout the coast to the very first class, as we sell the No. 2 "GARLAND" RANGEE (all complete) for \$28, and delivered free at your door for that price. Ask your Dealers for them, and take no other.

We sell CROCKERY, GLASSWARE, and everything that is needed for housekeeping, at the very lowest prices. Send to us for anything you need, from 25 cents worth up, and be sure and get one of our Catalogues—sent free to any address.

L. L. LEWIS & CO., 502 and 504 J St., and 1009 Fifth St., Sacramento.

GARLAND STOVES RANGES

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HARDWOOD LUMBER, Wagon and Carriage Woodwork (finished and unfinished).

Carriage Hardware, Trimmings, BOLTS, MALLABLE IRON, AXLES AND SPRINGS.

THE JOB FACTORY manufactures all kinds of work finished for Blacksmiths to Iron. The Factory also contains a SPECIAL DEPARTMENT for the manufacture of WOOD HUB, "SARVEN PATENT" and "BROWN'S SHELL BAND" WHEELS.

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EXPORTERS OF CALIFORNIA HOPS! 109, 111, 113 & 115 K St. SACRAMENTO, CAL.

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CHOICE SAUSAGES OF ALL KINDS! "NATIONAL MARKET!" Nos. 1024 and 1026 J Street, near Eleventh.

OUR "EUREKA" HAMS HAVE NO SUPERIOR! Our California Ham IS GENUINE PURE LARD. NO MIXTURE OR ADULTERATION OF ANY KIND. Call for the "EUREKA" HAMS, and MOHR & YOERK'S BRAND OF LARD; and, after a trial, you will use none other.

THE COOK & CO. Wholesale & Retail Dealer in Family Groceries and Provisions. COR. OF 8TH & J STREETS. SACRAMENTO, CAL.

SPECIALTIES. Manufacturers of THE RISING SUN BAKING POWDER GILT EDGE NONE GENUINE WITHOUT OUR TRADE MARK AND GOLD LABEL. Our own importation of the OLD TIME SUGAR HOUSE SYRUP is the best made. No Glucose.

OUR OWN IMPORTATION OF JAPAN AND UNCOLORED TEAS are taking the lead everywhere on the coast. SEND FOR A SAMPLE PACKAGE.

TO OUR PATRONS!

The constant inquiry from strangers in all parts of California, Nevada, Oregon and the Territories shows that our prices and goods are doing the work and having a proper effect. Our Grocery Record is sent to any address once a month upon application. We don't ask you to send us a stamp or pay a subscription—we all want your name and a Postoffice address, if you want to know the lowest cash prices on the necessities, as well as the luxuries of the table. Then send us your name at once; if you don't find it pays you largely to buy of us, we don't expect your trade.

Our store can be at a glance the location of our store on the map. It is evident we have every advantage over San Francisco for supplying our customers with goods from the territory tributary to Sacramento and trading point is also apparent. Our Railroad facilities extend in all directions, and customers save from two to three dollars per ton in freight on goods by purchasing in Sacramento, over San Francisco.

Freight to all points in Southern California and Arizona Territory are the same from Sacramento as from San Francisco—while all Northern and Eastern freight is from two to three dollars cheaper per ton from here.

Our goods are sold throughout all the States and Territories, as shown on the map, and any one located within the boundary of the map can be supplied with goods from Sacramento, and usually at an enormous saving to themselves.

Holbrook, Merrill & Stetson, INCORPORATED AUGUST 28, 1882. IMPORTERS OF—

STOVES AND METALS, TINNERS' STOCK! Pumps, Wire, Lead and Iron Pipe, PLUMBERS' AND GASFITTERS' GOODS:—

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Liquors, Tobacco and Cigars! SPECIALTIES: "JUST RIGHT" OYSTERS, "JUST RIGHT" MACKEREL, "JUST RIGHT" HAMS, "JUST RIGHT" BACON, "EMPRESS" BAKING POWDER.

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FULL STOCKS OF Butter, Eggs, Cheese, Onions, Cabbage, Vegetables, POULTRY, Green & Dried Fruits, Nuts, Honey

ALFALFA, GRASS AND FIELD SEEDS. SPECIAL RATES IN CAR LOADS.

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DR. Salfield's
REJUVENATOR

**This Great Strengthening Remedy
and Nerve Tonic**

and Physical Debility, Seminal Weakness, Eruptions, Impurities, Urinary Complaints, Discharges, Irritations (over-sensitiveness of the parts), Kidney and Bladder Convinctions, Impurities of the Blood and Diseases of the Skin.

It permanently stops all unnatural weakening drains upon the system, restores the organ, preventing involuntary seminal losses, discharges, and emissions, restores the urine, or while at stool, etc., so destructive to mind and body, and cures all the evil effects of youthful faults, and restores the exhausted Vitality, Sexual Decline and Loss of Manhood, however complicated the case may be.

A thorough as well as a permanent cure and complete restoration of the Sexual Strength and Vigor of Manhood is absolutely guaranteed, and effected by a safe and reliable Cash Remedy. Price, \$2 per bottle, or five bottles for \$10. Sent upon receipt of price, and no return necessary. No money in advance and strictly private.

W. C. FULTON, FULTON, CALIF.

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It is sufficient to show that the medicine does not hurt any one, saying by testimonials, and by letter, and by the symptoms and age.

Consultations strictly confidential, by letter, or in person.

It is an established fact, acknowledged by all, that the **VITAL RESTORATIVE** is the only true specific, which cures all the various forms of Sexual Failure, or Cures Nervous Debility, Prostatitis, Gonorrhea, Syphilis, Eruptions, Skin complaints, polluted urine, Loss of Manhood, and all the various diseases of the Sexual Element is not required.

For the convenience of patients, and in order to insure the strictest privacy, a list of private address, under which all packages are forwarded.

DR. MINTIE,
SPECIALIST AND GRADUATE,
No. 11 KEARNY STREET,
TREATS ALL CHRONIC, PRIVATE AND
VENEREAL DISEASES, with the same wonderful
success as of old.

It is never-failing cure for all the various forms of Sexual Exhaustion, Vital Seminal Weakness, Eruptions, Irritations, Urinary Complaints, Discharges, Irritations, Gonorrhea, Syphilis, Eruptions, Skin complaints, polluted urine, Loss of Manhood, and all the various diseases of the Sexual Element is not required.

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DR. MINTIE, who is a regular physician graduate of the University of Pennsylvania will cure of this kind the **VITAL RESTORATIVE** will not cure, or for anything impure or injurious

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of the Rectatoratory, \$4. 99 a bottle. It is
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the name of the Rectatoratory, 11 Kearney
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SAMPLE BOTTLE FREE.
Will be sent to many of our friends, stating
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WONDERFUL
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**THE OLDEST, GREATEST AND BEST REM-
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Weakness, in Women, Men, and Children.**
Loss of Manhood, Fading Memory and Physical
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**It specially cures Impotency, Early De-
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all the sad effects of youthful follies and abuse
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**It permanently prevents all Unnatural
and Impure Emissions, and restores to all
who have used the Remedy in the fullness
of a century which it has been before the public,
the vigor of youth, the strength of the
nerves, strengthening the muscles, checking
the action of the blood, and restoring
the attention to HEALTH and HAPPI-
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**The Doctor will agree to refund \$1,000 for a
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cannot get cured of Weakness and the above dis-
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**DR. LIEBIG'S INVIGORATOR, No 2, with our pecu-
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**Price of either Invigorator, 50 cents. Use of
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